

PAC-10 SCHOOL RECORDS

PAC-10 WOMEN'S MARKS

100

1. Gail Devers	UCLA	10.97	'87
2. Angela Williams	USC	11.04	'99
3. Chauntae Bayne-Hackett	Stan	11.15a	'06
4. Antonette Carter	Cal	11.33	'06
Brianna Glenn	Az	11.33	'00
Sharon Ware	ASU	11.33	'83
7. Zelda Johnson	Wash	11.47	'85
8. Pam Reynolds	WSU	11.52	'87
9. LaReina Woods	Ore	11.58	'93
Rosie Williams	Ore	11.58	'89
10. Rosie Williams	OSU	11.79	'88

200

1. Carol Rodriguez	USC	22.23a	'06
Florence Griffith	UCLA	22.23	'83
3. Charonda Williams	ASU	22.71	'09
4. Chryste Gaines	Stan	22.78a	'06
5. Antonette Carter	Cal	22.79	'06
6. Brianna Glenn	Az	22.91	'02
7. Pam Reynolds	WSU	23.30	'87
8. Rosie Williams	Ore	23.39	'89
9. Donna Dennis	Wash	23.40	'83
10. Asa Pennington	OSU	23.89	'82

400

1. Monique Henderson	UCLA	50.10	'05
2. Maicel Malone	ASU	50.33	'91
3. Carol Rodriguez	USC	51.39	'08
4. Camara Jones	Ore	51.44	'95
5. Ruth Waithera-Nganga	Az	51.56	'84
6. Celestine N'Drin	WSU	52.04	'88
7. Chauntae Bayne-Hackett	Stan	52.35	'06
8. Latasha Gilliam	Cal	52.53	'96
9. Lauran Dignam	Wash	54.31	'06
10. Kathy Weston	OSU	54.93	'80

a = altitude adjusted

PAC-10 WOMEN'S MARKS

800

1. Claudette Groenendaal	Ore	1:58.33	'85
2. Birgita Langerholc	USC	1:58.51	'00
3. Alysia Johnson	Cal	1:59.29	'07
4. Lena Nilsson	UCLA	2:02.26	'02
5. Celestine N'Drin	WSU	2:02.99	'90
6. Kim Toney	ASU	2:03.23	'93
7. Kathy Weston	OSU	2:03.67	'80
8. Karen Bennett	Az	2:03.79	'94
9. Malindi Elmore	Stan	2:04.35	'03
10. Sarah Bolender	Wash	2:05.73	'87

1500

1. Leann Warren	Ore	4:05.88	'82
2. Lena Nilsson	UCLA	4:07.69	'03
3. Louise Romo	Cal	4:09.29	'84
4. Lauren Centrwitz	Stan	4:10.23	'09
5. Katie Follett	Wash	4:10.66	'10
6. Grazyna Penc	USC	4:12.05	'97
7. Joan Hansen	Az	4:12.09	'81
8. Jennifer Bravard	WSU	4:14.69	'93
9. Priscilla Hein	ASU	4:17.98	'99
10. Laura Carlyle	OSU	4:23.86	'10

3000

1. Kathy Hayes	Ore	8:50.79	'83
2. Regina Joyce	Wash	8:55.05	'82
3. Bridget Smyth	Az	9:00.3	'91
4. Francie Larriew	UCLA	9:03.2	'74
5. Lynn Nelson	ASU	9:09.76	'84
6. Emebet Shiferaw	USC	9:11.78	'97
7. Jennifer Bravard	WSU	9:18.89	'93
8. Marilyn Davis	Cal	9:21.43	'86
9. Connie Case	OSU	9:26.49	'81

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STEEPLECHASE

1. Lisa Aguilera	ASU	9:46.43	'03
2. Mel Lawrence	Wash	9:52.77	'09
3. Lindsey Allen	Stan	10:01.53	'07
4. Zsofia Erdelyi	USC	10:01.99	'09
5. Sara Trané	WSU	10:14.29	'08
6. Ciara Viehweg	UCLA	10:20.66	'09
7. Nicole Gurnicz	Az	10:21.32	'01
8. Marielle Schlueter	Cal	10:22.38	'02
9. Claire Michel	Ore	10:26.62	'08
10. Lauren Denfeld	OSU	10:38.28	'08

5000

1. Lauren Fleshman	Stan	15:15.48	'03
2. Kathy Hayes	Ore	15:23.03	'85
3. Regina Joyce	Wash	15:35.60	'82
4. Amy Skieresz	Az	15:37.77	'98
5. Kirsten O'Hara	Cal	15:46.8	'85
6. Kathy Mintie	UCLA	15:49.37	'81
7. Lisa Aguilera	ASU	15:53.28	'03
8. Anna Blue	WSU	16:14.55	'03
9. Emebet Shiferaw	USC	16:16.27	'97
10. Abby Chesimet	OSU	16:37.99	'10

10,000

1. Amy Skieresz	Az	32:31.65	'97
2. Alicia Craig	Stan	32:40.03	'03
3. Kirsten O'Hara	Cal	32:40.76	'85
4. Kathy Hayes	Ore	32:43.81	'84
5. Regina Joyce	Wash	33:13.45	'83
6. Amy Hastings	ASU	33:19.32	'05
7. Michelle Bush	UCLA	33:57.2	'82
8. Anna Blue	WSU	34:25.63	'03
9. Beth Van Alstine	USC	34:29.62	'04
10. Sandra Martinez	OSU	35:27.82	'10

100 HURDLES

1. Virginia Powell	USC	12.48	'06
2. Gail Devers	UCLA	12.61	'88
3. Lynda Tolbert	ASU	12.75	'89
4. Ashley Lodree	Wash	12.99	'07
5. Kimyon Broom	Cal	13.02	'09
6. Sharifa Jones	Az	13.13	'05
7. Lindsey Johnson	Stan	13.48	'03
Agneta Rosenblad	WSU	13.48	'01
9. Lexie Miller	Ore	13.67	'81
10. Jenna Stark	OSU	13.87	'88

4 X 100

1. USC	42.96	'06	(V.Powell,J.Onyepunuka,C.Davis,C.Rodriguez)
2. UCLA	43.17	'88	(M.Phillips, S.Parros, C.Smith, G.Devers)
3. Arizona State	43.58	'88	(L.Tolbert,M.Malone,T.Foster,J.Bartolomew)
4. Stanford	44.18	'04	(J.Davis, A.Purnell, C.Moschella, N.Johnson)
5. California	44.28	'04	(T.Johnson,O.Omwanghe, S.Hawes, A.Carter)
6. Washington State	44.50	'99	(A.Higgins,L.Mucker,E.Richardson, F.Green)
7. Oregon	44.64	'09	(M.White, A.Purvis, K.Baker, J.Youngblood)
8. Arizona	44.70	'06	(J.Whitlock, M.Taylor, M.Mora, N.Martin)
9. Washington	44.88c	'85	(M.Smith, S.Walker, Z.Johnson, D.Dennis)
10. Oregon State	46.62	'88	(C.Strong, R.Williams, Fenton, J.Stark)

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4 X 400

1. UCLA	3:27.57	'04
(Roseby,McKinnon,Johnson, Henderson)		
2. USC	3:28.08	'99
(Danvers, Edmonson, Davis, Langerholc)		
3. Stanford	3:29.39	'05
(Moschella, J.Davis, Ikwauko, N.Johnson)		
4. Arizona State	3:29.45	'95
(O.Akinremi, J.Gayle, A.Morgan, L.Akinremi)		
5. Oregon	3:33.11	'95
(Woods, Jones, Commissiong, Godfrey)		
6. Washington State	3:33.65	'03
(T.Giles, E.Richardson, T. Gulley, M.Jessie)		
7. California	3:35.46	'07
(Turner, Pierce, Smith, Johnson)		
8. Arizona	3:36.22	'84
(M.Walsh, J.Vetter, N.Rodgers, R.Waithera)		
9. Washington	3:37.88	'98
(McClatcher, Glass, Griffis, Muhammad)		
10. Oregon State	3:55.69c	'88
(C.Strong, R.Williams, Fenton, J.Stark)		

400 HURDLES

1. Janeene Vickers	UCLA	53.47	'91
2. Natasha Danvers	USC	54.95	'00
3. Omolade Akinremi	ASU	55.44	'95
4. Michelle Johnson	Az	56.71	'96
5. Randi Smith	WSU	57.07	'00
6. Lexie Miller-Beck	Ore	57.08	'83
7. Terra Barter	Wash	57.13	'95
8. Helga Halldorsdottir	Cal	57.61	'86
9. Pam Board	Stan	58.31	'87
10. Jenna Stark	OSU	59.72	'87

HIGH JUMP

1. Amy Acuff	UCLA	6' 6	'94
2. Tanya Hughes	Az	6' 5 1/2	'92
3. Coleen Rienstra	ASU	6' 4	'80
4. Camille Jampolsky	Ore	6' 2 3/4	'88
Vicki Borsheim	Wash	6' 2 3/4	'87
Joni Huntley	OSU	6' 2 3/4	'76
7. Emelie Fardigh	USC	6' 2	'97
Lisa Bernhagen	Stan	6' 2	'87
Mary Moore	WSU	6' 2	'86
10. Beth Vidakovits	Cal	6' 0 3/4	'89

LONG JUMP

1. Jackie Joyner	UCLA	23' 9	'85
2. Shelia Hudson	Cal	22' 1	'90
3. Jackie Edwards	Stan	21' 11 3/4	'91
4. Yvette Bates	USC	21' 11	'88
5. Brianna Glenn	Az	21' 10	'00
6. Jacinta Bartholomew	ASU	21' 8 3/4	'89
7. Agneta Rosenbald	WSU	21' 4 3/4	'01
8. Julie Goodrich	Ore	21' 0 1/2	'88
9. Meledy Smith	Wash	21' 0	'84
10. Colleen Gibson	OSU	20' 0	'84

TRIPLE JUMP

1. Erica McLain	Stan	46' 5 1/4	'07
2. Candice Bauchman	UCLA	46' 2	'05
3. Shelia Hudson	Cal	46' 0 3/4	'90
4. Wendy Brown	USC	45' 4 1/4	'88
5. Carole Jones	Az	43' 4 1/4	'87
6. Lauryn Jordan	Ore	43' 2 1/2w	'06
7. Valerie Williams	ASU	42' 1 1/2	'00
8. Cicely Clickenbeard	WSU	42' 10 1/4	'00
9. Tara Davis	Wash	41' 7 3/4	'95
10. Colleen Gibson	OSU	37' 3	'84

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SHOT PUT

1. Meg Ritchie	Az	62' 3 ¹ / ₄	'83
2. Valeyta Althouse	UCLA	61' 10 ¹ / ₄	'95
3. Jill Camarena	Stan	59' 4 ³ / ₄	'04
4. Karen Freberg	USC	57' 7 ¹ / ₂	'06
5. Leslie Deniz	ASU	55' 10 ¹ / ₂	'83
6. Jennifer Ponath	Wash	55' 7	'88
7. Georgette Reed	WSU	54' 6	'91
8. Kristin Heaston	Cal	54' 4 ³ / ₄	'99
9. Bree Fuqua	Ore	53' 11 ¹ / ₄	'05
10. Kam Johnson	OSU	50' 0 ¹ / ₂	'84

DISCUS

1. Meg Ritchie	Az	221' 5	'81
2. Aetha Hill	Wash	215' 3	'98
3. Suzy Powell	UCLA	214' 0	'97
4. Leslie Deniz	ASU	213' 1	'83
5. Carol Cady	Stan	207' 8	'83
6. Laura Lavine	WSU	189' 10	'88
7. Kate Hutchinson	USC	189' 9	'06
8. Kelechi Anyawu	Cal	188' 11	'07
9. Quenna Beasley	Ore	180' 9	'85
10. Beth Nygren	OSU	155' 2	'88

HAMMER

1. Eva Orban	USC	230' 3	'08
2. Britney Henry	Ore	221' 7	'06
3. Sarah Hopping	Stan	219' 8	'06
4. Jessica Cosby	UCLA	219' 5	'04
5. Jennifer Joyce	Cal	214' 0	'02
6. Jessica Pressley	ASU	208' 4	'05
7. McKenzie Garberg	WSU	210' 3	'08
8. Angela Foster	Az	207' 3	'01
9. Elisa Bryant	Wash	190' 6	'09

JAVELIN (1999 implement)

1. Sarah Yurkovich	Ore	195' 7	'09
2. Inga Stasiulionyte	USC	186' 10	'02
3. Marissa Tschida	WSU	186' 1	'10
4. Danielle Maier	Stan	174' 0	'08
5. Julie DeMamie	Az	165' 10	'02
6. Megan Spriesterbach	Wash	164' 2	'04
7. Seilala Sua	UCLA	161' 2	'99
8. Emilee Strot	Cal	152' 10	'06
9. Becky Holley	ASU	144' 5	'03
- Connie Peterka	OSU	179' 8*	'86

(* - old javelin)

POLE VAULT

1. Chelsea Johnson	UCLA	15' 1	'06
2. Becky Holiday	Ore	14' 8	'03
3. Amy Linnen	Az	14' 5 ¹ / ₄	'03
4. Kate Soma	Wash	14' 2	'04
5. Katerina Stefanidi	Stan	14' 1 ¹ / ₄	'10
6. Brysun Stately	USC	14' 0	'10
7. Katie Morgan	Cal	13' 11 ³ / ₄	'08
8. Tamara Diles	WSU	13' 11 ¹ / ₄	'06
9. Angela Tavlarides	ASU	13' 5 ¹ / ₄	'05

HEPTATHLON

1. Jackie Joyner	UCLA	6,718	'85
2. Diana Pickler	WSU	6,205	'07
3. Gea Johnson	ASU	6,132	'90
4. Wendy Brown	USC	6,079	'88
5. Kelly Blair	Ore	6,038	'93
6. Maryse Ewanje-Epée	Az	5,867	'85
7. Trayce Lawyer	Stan	5,855	'99
8. Ifcoma Ozoeze	Cal	5,624	'95
9. Sonya Crowther	OSU	5,592	'82
10. Sonja Forster	Wash	5,266	'92

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